

HEALTHY FOOD ZONES - LINKS

Most of these links deal with changing policy or collaborating to change food environments around schools; case studies and examples for engaging a variety of decision-makers are included. The first half of the following links are US-based. See the pages 2 & 3 for Canadian examples:

Public Health Law & Policy (PHLP) www.phlpnet.org is a team of attorneys, policy analysts, and urban planners dedicated to building healthy communities nationwide. We help people who want to improve public health conditions where they live, work, play, and commute, whether they are advocates, public health officials, elected representatives, or the public. The goal is to make the healthy choice — for food and beverages, activity, transportation, and the environment — the easy choice.

- **[Getting to Grocery](#)** is designed to help advocates and public health agencies coordinate and leverage the tools available through local government and other organizations to bring grocery stores into low-income communities.
- **Healthy Corner Stores: the State of the Movement**
<http://www.phlpnet.org/php/products/healthy-corner-stores> As the number of corner store projects increases, the time is ripe for a critical look at the state of the movement. This report explores the successes and challenges of early corner store interventions, and outlines a series of steps for developing sustainable models for future projects – models that engage community residents and business owners in creating meaningful change.
- <http://www.phlpnet.org/php/healthier-foods-store>
- **Policy approaches to healthy corner stores** <http://www.phlpnet.org/php/products/policy-approaches-healthy-corner-stor> Planning for Healthy Places works to engage public health advocates and practitioners in the land-use and economic development decision-making process throughout California. We develop tools for training advocates in the relationship between the built environment and public health, and provide technical assistance for creating and implementing land use policies that support healthier communities.
- <http://www.phlpnet.org/healthy-planning/products/economic-development-access-healthy-food> Public health officials and advocates can partner with economic development and other city agencies to help bring new food retail into low-income neighborhoods. This fact sheet is designed to provide a basic overview of how economic development programs work, highlighting a variety of ways for advocates to influence the process.

NPLAN ONLINE (National Policy and Legal Analysis Network) www.nplanonline.org Nplan is a program of Public Health Law & Policy (above); Nplan mandate is “Helping to create strong policy interventions that will reverse the childhood obesity epidemic by 2015”

RE: Healthy Food Zones <http://www.nplanonline.org/nplan/healthy-school-food-zone> Local governments can help support schools’ efforts to improve student health by prohibiting fast food restaurants from locating near schools.

- <http://www.nplanonline.org/nplan/products/model-healthy-food-zone-ordinance> One strategy local governments can employ to help support schools' efforts to improve student health is to prohibit fast food restaurants and mobile vendors from locating near schools. This strategy is aimed particularly toward middle and high school students who may leave campus during lunchtime or get to and from school on their own. But it can also support parents of younger children in their efforts to feed their children healthier food, and the strategy can work in conjunction with Safe Routes to Schools programs.
- http://www.nplanonline.org/sites/phlpnet.org/files/nplan/HealthyFoodZone_Findings_FINAL_091008.pdf Appendix to above with sample resolution

Healthy Corner Stores Network www.healthycornerstores.org which connects local government staff, nonprofits, funders, and others to share resources and strategies.

- <http://thenwpassage.com/?p=1609> (News Story) Launched by the West Humboldt Park Development Council, the Healthy Corner Stores initiative is designed to make access to fresh foods easier in an area with few grocers and an abundance of fast food. The project provides local convenience stores with a fresh food kiosk, a cooler and signs to market the newly available foods, according to Kameil Milton, the Healthy Stores project manager.
- <http://www.flickr.com/photos/hcsn/with/5791374791/> Flickr Photostream from Healthy Corner Stores initiative – examples of healthy food displays in corner stores
- <http://healthycornerstores.org/resources/issues-initiatives/> A multitude of resources from Healthy Corner Stores: there are fact sheets, tip sheets (for dealing with vendors), examples of policy
- Tip sheet for Collaboration Building around corner store movements
http://healthycornerstores.org/wp-content/uploads/2011/06/HCSN_TipSheet_May2011.pdf

Agri-Foods in Canada “Fresh Foods: A Growing Opportunity in the North American Convenience Store Sector” <http://www.ats-sea.agr.gc.ca/amr/5307-eng.htm>

Dietitians of Canada <http://www.dietitians.ca/Downloadable-Content/Public/Healthy-Eating-and-Food-Security-Strategies-BC.aspx>

The Alberta Policy Coalition for Cancer Prevention (APCCP) promotes and facilitates the use of evidence-based policies to create an environment where healthy choices are the "easy choice" for all Albertans, including the most vulnerable members of our society.
<http://www.abpolicycoalitionforprevention.ca/>

The APCCP Advocates For:

- Eliminating the Marketing of Unhealthy Foods and Beverages to Children and Youth
- Taxing Sugar Sweetened Beverages
- Time-Limited Restrictive Covenants
- **Restrict Access to Unhealthy Foods Within 500m of Schools**
- Increasing Access to Healthier Foods and Beverages in Recreation Facilities

<http://abpolicycoalitionforprevention.ca/our-focus/apccp-priorities/healthy-eating-ibs.html>

- **Creating Protective Environments: Restricting Access to Unhealthy Foods around Schools**
An Issue Brief from Alberta with suggestions for engaging municipalities and vendors [Restricting Access to Unhealthy Foods and Beverages Around Schools](#)
- **Using Public Policy to Promote Healthy Weights for Canadian Children**
http://ourhealthourfuture.gc.ca/wp-content/uploads/2011/05/sub_1034_1306873194_APCCP_Response_HealthyFutures-FINAL-May_31_2011.pdf pgs 4-5 *"Although current planning law in Canada does not allow communities to regulate the location of fast food restaurants in designated areas on the basis that it is discriminatory, Canadian planners recently surveyed noted that municipal and provincial government officials have the jurisdiction to influence future land use and planning decisions as they relate to the health of the food environment (51)."*

National Post *School near fast-food joint? Expect fatter kids*

<http://www.nationalpost.com/life/health/story.html?id=a381cf56-d651-4bfc-80e2-d8f2749fe0e8> "the presence of a fast-food restaurant within a tenth of a mile of a school is associated with at least a 5.2 percent increase in the obesity rate in that school."

The School Zone and Nutrition: Courses of Action for the Municipal Sector **Quebec Guide for HFZ's:**

"This guide is intended for all who are concerned about the health of children. It presents, in a succinct fashion, a few possible courses of action for municipalities wishing to improve the food environment of children by limiting the presence of fast-food restaurants near schools, with the objective of promoting public health and well-being through sound land-use planning and an appropriate spatial distribution of commercial uses. This guide has an environmental and urbanistic vocation."

<http://www.aspq.org/uploads/pdf/4ec147f35b4c9guide-zonage-version-finale-anglaise.pdf>